

SHSU Catalog (2025/2026)

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CORE REQUIREMENTS	De	partment of P	ublic Health	936.294.2660	health@shsu.edu			
Course Name		Hours	TCCNS	SHSU	J			
Communication (6 hours)								
Composition I		3	ENGL 1301	ENGL 1301				
Composition II		3	ENGL 1302	ENGL 1302				
Mathematics (3 hours)								
Pre-Calculus Algebra		3	MATH 1314	MATH 1314				
Life & Physical Sciences (6 hours) ¹								
Choose two courses from your current Texas community college's core approved list.								
Language, Philosophy, & Culture (3 hours)								
Choose one course from your current Texas community college's core approved list.								
Creative Arts (3 hours)								
Choose one course from your current Texas community college's core approved list.								
American History (6 hours)								
United States History to 1876		3	HIST 1301	HSTY 1	301			
United States History since 1876		3	HIST 1302	HSTY 1	302			
Government/Political Science (6 hours)								
American Government		3	GOVT 2305	POLS 2	305			
Texas Government		3	GOVT 2306	POLS 2306				
Social & Behavioral Science (3 hours) ²								

Choose one course from your current Texas community college's core approved list.

Component Area Option Recommendations (6 hours)³

Choose two courses from your current Texas community college's core approved list.

MAJOR REQUIREMENTS Full degree can be found here: https://www.shsu.edu/programs/bachelor-of-science-in-public-health/

Course Name	Hours	TCCNS	SHSU
Introduction to Psychology ²	3	PSYC 2301	PSYC 1301
Human Anatomy & Physiology I ¹	4	BIOL 2401	BIOL 2403
Human Anatomy & Physiology II ¹	4	BIOL 2402	BIOL 2404
Lifetime Health & Wellness ³	1	PHED 1164	KINE 2115
Inorganic & Environmental Chemistry OR General Chemistry I ¹	4	CHEM 1406 CHEM 1411	CHEM 1406 CHEM 1411
Nutrition	3	HECO 1322	FSCN 2362
Lifestyle and Wellness	3	PHED 1304	HLTH 1366

^{*}SHSU accepts a maximum of 70 credit hours: 66 academic hours + 4 hours of activity-based physical education (kinesiology) hours. Students must earn a 2.75 minimum overall GPA in all coursework, overall major GPA in all major coursework, SHSU GPA in all coursework, and SHSU major GPA in all major coursework. A minor is not required.

- 1 Satisfies Core Curriculum requirement for Component Area III (Life and Physical Science).
- 2 Satisfies Core Curriculum requirement for Component Area VIII (Social & Behavior Sciences).
- 3 Satisfies Core Curriculum requirement for Component Area IX (Component Area Option) (1 credit).